



FROM THE DIRECTOR...

Writing Club News



The Writing Clubs are up and running this week. With the holidays coming there will be times when the clubs may not meet. The Monday Writing Club for grades 1 - 3 will not meet next Monday, November 10 as Ms Gilch has a meeting in Wilkesboro.

Updates and Reminders

As the school year progresses and we get into our set routines, it seems a good time to revisit a few things. We want to be sure that our students are travelling safely. Please be sure that any child you transport has the proper seating and restraints. I know it gets harried when gathering children and being sure their booster seats follow them, but it is a safety issue. All carseats and booster seats are stored at the student's classroom so gathering them should be easy.

For students in the main building, a reminder about no nuts and peanuts. I am sure everyone has settled on the lunch and snack options that work, but it does not hurt to bring our attention back to this.

Student pick up and drop off is running smoothly. The practice of having the crossing to the parking lot enter and leave from the side of the building is working out well. Thank you for your cooperation and patience as we try to develop practices that help us run smoothly

Report Cards will be sent home today with an invitation to attend the student-led conferences scheduled for Wednesday, November 19. This is a great opportunity to see the work your child is doing in school and to have them explain it to you.

A reminder that Tuesday, November 11 is Veteran's Day and there will be no school.

AFTERSCHOOL FITNESS CLUB

If anyone is interested in helping out with the Afterschool Fitness Club on Mondays 3:30-4:30, we can truly use



another adult to help supervise. The club has grown beyond what I thought possible, and we can accomplish more with another set of eyes and ears. You need not commit to every Monday, but any time given would be greatly appreciated. You have the added benefit of getting in shape and being inspired by students doing improbable things.

Monday churned out some phenomenal physical feats for the Fitness Club. I'm constantly astounded at the level to which our students are willing to push themselves. The bead earners are as follows:

- Attendance (4 weeks in a row) –(8th) Kelsey, Jenna, Gamble;

- (7th) Emma, Josiah, Eli, Matt; (6th) Daniel, Al; (5th) Savanna
- 1/2 mile run – (8th) Dargan 2:37*, Colleen 2:52, Becky 3:10; (5th) Reilly 3:01, Elyssa 3:05, Karen 3:07
- Handstand Pushups – (5th) Savanna 7*
- Freestanding Handstand – (5th) Savanna :32
- Handstand against wall – (5th) Elyssa 2:30
- Pushups – (8th) Jenna 40; (7th) Eli 15, Matt 25, Josiah 115*; (6th) Daniel 100*
- Chest Walks – (8th) Dargan 10, Jenna 6; (7th) Emma 16*, Terran 7; (5th) Savanna 10, Elyssa 7, Karen 5
- 4 Week Goal – (7th) Josiah 40 Pullups/week
- Wall-Sit – (5th) Reilly 60:04* – This is not a typo!

**denotes breaking a school record or setting a school record.*

TRCS EARNED \$1820.80 AS EARTHFARE'S FRIEND OF THE MONTH!

Amazing how reusable bags can both save the environment and earn money for our school. Thanks to all those who helped with this successful event!

KINDERS HAD A WONDERFUL OCTOBER!

We moved into our new classroom and have been enjoying our new location!

We visited Farmer and Mrs. Brown at their pumpkin patch. Each child got to choose a pumpkin and gourd to take home. We wrote a thank you letter to Farmer and Mrs. Brown and it, along with pictures from our trip will be delivered some time this week.

Kinders really enjoyed their walking Field Work and Being There experience to our neighborhood Food Lion. We found out that the cabbages and Christmas trees that our neighborhood Food Lion sells come from a nearby Farm off of Highway 421. Did you know that pomegranates are a tremendous source of Vitamin C? We got to shelve milk and maybe you bought some that the Kinders themselves shelved if you shopped at Food Lion last week! Many thanks to Chris and the employees of Food Lion who shared many things about where food items come from and which farmers send them. Did you know that there are FISH farmers?

We wrote letters and drew pictures to Mr. Chris and the Food Lion employees. Here are some letters the Kinders Wrote:

Kacie said, "I liked the refrigerator."

Lucas, Walker and Ayden said, "I liked the cutter."

Rory and Ivan said, "I liked the bakery."

Josh and Sophie said, "I liked the milk!"

Miles, Kylah and Zeb said, "I liked the freezer."

Xavier said, "I liked the refrigerertor and freezer."

Congratulations to the following Kindergarten students who had perfect attendance our first 45 days of school!

Ayden Franklin, Sophie Pilkington, Zeb Scott, Miles Spell, Lucas VanSant, Moses Goebeler, and Josh Morgan!

– Mrs. Vicki

TRCS MURAL DESIGN

The mural design, and this years TRCS t-shirts, are based on the 10 principles of Expeditionary Learning.

The principles are as follows:

1. the primacy of self-discovery
2. the having of wonderful ideas
3. the responsibility for learning
4. empathy and caring
5. success and failure
6. collaboration and competition
7. diversity and inclusion
8. the natural world
9. solitude and reflection
10. service and compassion

We are thankful to Kelly Sheets for her artistic interpretation of our school's design principles.

For more information visit <http://www.elschools.org/aboutus/principles.html>

– Arts Task Force

CHICK-FIL-A SPIRIT NIGHT IS THURSDAY, NOVEMBER 13TH!

As soon as you come in the door, you will be directed to a table where you will receive a ticket to give to the cashier before you order your food. Spirit Night will begin at 5:30pm and end at 7:30pm. We hope you will all come out and support TRCS!! It is also a great way to get your volunteer hours in as we need a minimum of 2 people to man the ticket table and the games. If you have any questions or want to volunteer, please email Lessa at TRCSPTO@gmail.com
